



**Giovanni Ambu**

**Date of birth:** 20/01/1980

**Nationality:** Italian

**Gender:** Male



**europass**

## EDUCATION AND TRAINING

**26/01/2021 – 30/01/2025** Cagliari, Italy

**Specialized school in Clinical Pharmacology & Toxicology** Università degli Studi di Cagliari

**Website** [https://web.unica.it/unica/it/crs\\_140\\_44.page](https://web.unica.it/unica/it/crs_140_44.page)

**Field of study** global.iscedCodes.null, Medicine **Final grade** 50/50 cum laude

**Level in EQF** EQF level 8 **Thesis** Identification of peripheral biomarkers through metabolome analysis in patients with bipolar disorder treated with lithium salts or other mood stabilizers

Cagliari, Italy

**Degree in medicine and surgery** Università degli Studi di Cagliari

**Website** <https://www.unica.it/it/didattica/corsi-di-studio/corsi-di-laurea-triennale-e-ciclo-unico/medicina-e-chirurgia> **Field of study** Health and welfare

**Final grade** 104/110 **Level in EQF** EQF level 7 **Thesis** Evaluation of social responsiveness skills in children and adolescents with ADHD or autism spectrum disorders

Cagliari, Italy

**Classical High school** Salesiani - San Giovanni Bosco

**Website** <https://www.cagliari-donbosco.it/i-nostri-licei/> **Final grade** 53/60

**Level in EQF** EQF level 6

**15/01/2023 – 30/03/2023** Todi, Italy

**Internship at residence for eating disorders** USL Umbria 1

**Website** <https://www.uslumbria1.it/struttura/centri-disturbi-comportamento-alimentare-dca/centro-dca-palazzo-francisci-todi/>

**09/2022 – 11/2022** Rome, Italy

**Digital Pharmacology Academy** Società Italiana Farmacologia (SIF)

**Website** <https://www.sifweb.org/>

**04/05/2022 – 06/05/2022** Rome, Italy

**Pharmacology applied to products of natural origin** Istituto Superiore di Sanità (ISS)

**Website** <https://www.iss.it/>

**04/04/2022 – 06/04/2022** Rome, Italy

**Advanced School of Applied Clinical Pharmacology** Società Italiana di Farmacologia (SIF)

**Website** <https://www.sifweb.org/>

**22/03/2021 – 26/03/2021** Rome, Italy

**XXIX Introductory Course in Pharmacoepidemiology** Istituto Superiore di Sanità (ISS)

**Website** <https://www.iss.it/>

01/2020 – 06/2020 Cagliari, Italy

**The integrated multidisciplinary intervention on eating disorders with a psychodynamic orientation** Il Gesto Interiore

23/10/2024 – 23/10/2024 Roma, Italy

**GLASF 2024** AIFA

24/10/2024 – 24/10/2024 Roma

**GLASV 2024** AIFA

## CONFERENCES AND SEMINARS

09/10/2025 – 09/10/2025 Cagliari "ARNAS G. Brotzu"

**IBD CLINICAL TRIALS: TRA INNOVAZIONE, SOSTENIBILITA' E GOOD CLINICAL PRACTICE**

Presentation of the report entitled "Contracts in Clinical Research"

07/2025 – 31/12/2026 Italy

**Revisione della terapia e riduzione dei farmaci nell'anziano**

The ECM online course, offered as part of the COSIsiFA project, was created with the specific aim of offering practical and up-to-date tools useful in the daily management of elderly patients, thus contributing to a more informed and safe clinical practice.

In this course I speak interactions between drugs and foods

Link [https://fad.saepe.it/docs/programma\\_deprescrizione\\_anziano\\_dir2.pdf](https://fad.saepe.it/docs/programma_deprescrizione_anziano_dir2.pdf)

05/06/2025 – 05/06/2025 Cagliari "Arnas G. Brotzu"

**Corso di formazione in ricerca clinica in pediatria**

Presentation of the report entitled "Contracts in Clinical Research"

22/05/2025 – 22/05/2025 Sassari "University of the three ages"

**Farmacovigilanza e buon uso del farmaco**

I inform citizens about the importance of reporting adverse drug reactions together with colleagues from the Sardinian regional pharmacovigilance center

## WORK EXPERIENCE

**Il Gesto Interiore** Cagliari, Italy

**Business or Sector** Professional, scientific and technical activities

**Medical Doctor**

03/2020 – 01/2021

**Laboratorio Analisi Cliniche Galeno** Cagliari, Italy

**Business or Sector** Professional, scientific and technical activities

**Medical Doctor**

01/2018 – 01/2021

phlebotomist

first AID

**Laboratorio Analisi e Ricerche Cliniche (LARC)** Cagliari, Italy

**Business or Sector** Professional, scientific and technical activities

**Medical Doctor**

03/2015 – 12/2017

phlebotomist

first AID

● **Il LIDO S.R.L.** Cagliari, Italy

**Business or Sector** Professional, scientific and technical activities

**Medical Doctor**

06/2015 – 09/2017

first AID

● Italy

**Business or Sector** Professional, scientific and technical activities

**Medical practitioner**

03/2015 – Current

● **ARNAS "G. Brotzu"** Cagliari, Italy

**Business or Sector** Professional, scientific and technical activities

**Specialized medical doctor**

07/01/2025 – 06/01/2026

Evaluation of pharmacological and legislative coherence of interventional and observational clinical studies

● **University Hospital Company Cagliari** Cagliari, Italy

**Specialized medical doctor**

01/04/2025 – Current

drug safety

pharmacovigilance

## PUBLICATIONS

**2022**

### ● **Building the Momentum for A Stronger Pharmaceutical System in Africa**

Despite impressive progress, nearly two billion people worldwide have no access to essential medicines. The COVID-19 pandemic revealed Africa's vulnerability due to its reliance on imports for most vaccines, medicines, and other health product needs. The vaccine manufacturing is complex and requires massive financial investments, with global, regional, and national regulatory structures introducing consistent and urgent reforms to assure the quality and safety of medicines. In 2020, there were approximately 600 pharmaceutical manufacturers in Africa, 80% of which were concentrated in eight countries: Egypt, Algeria, Morocco, Tunisia, Nigeria, Ghana, Kenya, and South Africa. Only 4 countries had more than 50 manufacturers, while 22 countries had no local production. Out of the 600, around 25% were multinational companies. Africa is equally affected by modest scaled capacities substantially engaging in packaging and labelling, and occasionally fill and finish steps, facing criticalities in terms of solvent domestic markets. This article discusses the challenges in the development of a local pharmaceutical manufacturing in Africa and reflects on the importance of the momentum for strengthening the local medical production capacity in the continent as a critical opportunity for advancing universal health coverage (UHC).

Ussai S, Chillotti C, Stochino E, Deidda A, Ambu G, Anania L, Boccalini A, Colombo F, Ferrari A, Pala D, Puddu E, Rapallo G, Pistis M. Building the Momentum for A Stronger Pharmaceutical System in Africa. Int J Environ Res Public Health. 2022 Mar 11; 19(6):3313

**Authors** Ussai S, Chillotti C, Stochino E, Deidda A, Ambu G, Anania L, Boccalini A, Colombo F, Ferrari A, Pala D, Puddu E, Rapallo G, Pistis M

**Journal Name** Int J Environ Res Public Health . **Publisher** MDPI

**2022**

### ● **Safety of lithium salts: experience from the Cagliari lithium clini**

Importance of Lithium clinic in the management of patients with bipolar depression

Ambu Giovanni, Anania Lorenzo, Boccalini Alberto, Cau Emanuela Elena, Congiu Antonio, Ferrari Alessandra, Pala Daniele, Puddu Enrica Maria, Rapallo Giulia, Chillotti Caterina, Ardaù Raffaella.

**Authors** Ambu Giovanni, Anania Lorenzo, Boccalini Alberto, Cau Emanuela Elena, Congiu Antonio, Ferrari Alessandra, Pala Daniele, Puddu Enrica Maria, Rapallo Giulia, Chillotti Caterina, Ardaù Raffaella

**Publisher** Istituto Superiore di Sanità

**2021**

### **DRESS syndrome: a comparison of Italian and European pharmacovigilance data**

Daniele Pala, Giovanni Ambu et al. La sindrome DRESS: confronto tra i dati italiani ed europei di farmacovigilanza

**Authors** Daniele Pala, Giovanni Ambu, Lorenzo Anania, Alberto Boccalini, Emanuela Elena Cau, Alessandra Ferrari, Enrica Maria Puddu, Giulia Rapallo, Silvia Ussai, Caterina Chillotti, Arianna Deidda, Maria Erminia Stochino

**Journal Name** La valutazione dell'uso e della sicurezza dei farmaci: esperienze in Italia

**Publisher** Istituto Superiore di Sanità

**2021**

### **Vaccini anti-Covid e alterazioni del ciclo mestruale: i dati del Centro Regionale di Farmacovigilanza Sardegna.**

Enrica Maria Puddu, Flavia Colombo, Giovanni Ambu et al. Vaccini anti-Covid e alterazioni del ciclo mestruale: i dati del Centro Regionale di Farmacovigilanza Sardegna. XXX Seminario Nazionale;

**Authors** Enrica Maria Puddu, Flavia Colombo, Giovanni Ambu, Lorenzo Anania, Alberto Boccalini, Emanuela Elena Cau, Alessandra Ferrari, Daniele Pala, Giulia Rapallo, Silvia Ussai, Caterina Chillotti, Arianna Deidda, Maria Erminia Stochino

**Journal Name** La valutazione dell'uso e della sicurezza dei farmaci: esperienze in Italia

**Publisher** Istituto Superiore di Sanità

**2012**

### **Methylphenidate effects on social functioning in children with ADHD**

Sara Carucci, Laura Anchisi, Giovanni Ambu, Gian Luigi Melis, Laura Lecca, Alessandro Zuddas. Methylphenidate effects on social functioning in children with ADHD. The Journal of the European College of Neuropsychopharmacology (2012) 22 (Suppl 2) S421

**Authors** Sara Carucci, Laura Anchisi, Giovanni Ambu, Gian Luigi Melis, Laura Lecca, Alessandro Zuddas.

**Journal Name** The Journal of the European College of Neuropsychopharmacology

**Volume, Issue and Pages** Vol 22, year 2012

**2012**

### **ADHD and Autism Spectrum Disorder symptoms overlapping: social functioning impairment**

Laura Anchisi, Sara Carucci, Giovanni Ambu, Laura Lecca, Alessandro Zuddas. ADHD and Autism Spectrum Disorder symptoms overlapping: social functioning impairment. 4<sup>th</sup> ADHD Workshop (Cagliari 8-10 Marzo 2012)

**Authors** Laura Anchisi, Sara Carucci, Giovanni Ambu, Laura Lecca, Alessandro Zuddas

**Journal Name** 4<sup>th</sup> ADHD Workshop

**2010**

### **Social responsiveness in children and adolescents with ADHD: an exploratory study**

Laura Lecca, Laura Anchisi, Laura Delitala, Giovanni Ambu, Alessandro Zuddas. Social responsiveness in children and adolescents with ADHD: an exploratory study. Eur Child Adolesc Psychiatry (2010) 19 (Suppl 1) S80

**Authors** Laura Lecca, Laura Anchisi, Laura Delitala, Giovanni Ambu, Alessandro Zuddas

**Journal Name** Eur Child Adolesc Psychiatry

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Italian

## Other language(s):

English

Listening B1

Spoken production B1

Reading B1

Spoken interaction B1

Writing B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## SKILLS

Microsoft Office Social Media Google Drive Microsoft Excel microdoft word zoom facebook instagram skype youtube microsoft power point gmail whatsapp google microsoft teams linkedin

## DIGITAL SKILLS TEST RESULTS

|                                                                                                                   |                     |             |
|-------------------------------------------------------------------------------------------------------------------|---------------------|-------------|
|  Information and data literacy   | <b>ADVANCED</b>     | Level 6 / 6 |
|  Communication and collaboration | <b>ADVANCED</b>     | Level 6 / 6 |
|  Digital content creation        | <b>INTERMEDIATE</b> | Level 4 / 6 |
|  Safety                          | <b>ADVANCED</b>     | Level 6 / 6 |
|  Problem solving                 | <b>ADVANCED</b>     | Level 6 / 6 |

Results from a self-assessment based on The Digital Competence Framework 2.1

## DRIVING LICENCE

 Driving Licence: A

 Driving Licence: B